

## Foundry Swim Test FAQ's

**What is the Foundry Swim Test?** The Foundry Swim test is a basic water safety test required by all youth participants entering or registering for a Foundry program for the first time. Once a swim test is completed and turned in to the Foundry, it will remain on file and will not need to be repeated for subsequent Foundry registrations. Please download and bring to pool the **[Foundry Swim Test Form]** ONCE and DONE!

**How to pass the Foundry Swim Test?** It is advised that if you are a new swimmer or are not comfortable in the water that you make time to attend free swim lessons at your local recreation center or YMCA [downtown location] prior to the safety testing. At recreation centers these community lesson hours are offered several times a week and will help you learn the skills. At the YMCA please contact Gary Guzy [gguzy@clevelandymca.org](mailto:gguzy@clevelandymca.org) or call him at 216.390.9554 and notify that you are registering for a program at the Foundry Community Rowing and Sailing Center in order to arrange for free lessons and testing times. Bring a copy of the Foundry Swim Test form that will inform the swim instructor of the three basic safety requirements. Please let the lifeguard and or the aquatics manager know that you are there to practice the skills and ask for their assistance. Download a copy of the swim test form or find the link on our website under resources.

**How do I schedule for an in-water test?** Most pools are familiar with these types of requests and simply ask that you schedule in advance. Contact your local indoor or outdoor pool and ask to speak to the Aquatics Manager or at the downtown YMCA contact Gary Guzy [gguzy@clevelandymca.org](mailto:gguzy@clevelandymca.org) or phone him at 216.390.9554. Explain that you are seeking a time and date to have the safety testing done at the pool for the purpose of rowing or sailing. **Bring two copies of the test as they may need to keep one on file for their records too.** The safety testing will take approximately 15 minutes in the water to complete.

**Where can I go to get the swim safety testing completed?** The best place to take the safety test is at a pool that you are familiar with. Some recommended places for testing would be your local outdoor or indoor pool, free testing can be scheduled at your local City of Cleveland recreations center or the Downtown YMCA.

Parker Hannifin Downtown YMCA

1301 E. 9<sup>th</sup> Street

Cleveland, Ohio

[www.clevelandymca.org](http://www.clevelandymca.org)

Aquatic Manager Gary Guzy 216.390.9554 or email [gguzy@clevelandymca.org](mailto:gguzy@clevelandymca.org)

If you are having difficulties finding a location for the safety testing, please contact the Foundry for additional suggestions.

For rowing questions please email [foundryrowing@clevelandfoundry.org](mailto:foundryrowing@clevelandfoundry.org)

For sailing questions please contact [foundrysailing@clevelandfoundry.org](mailto:foundrysailing@clevelandfoundry.org)