

# Required Gear

*Sailors are responsible for their own gear and belongings. LABEL everything with sailor's name!*

## **All sailors must have the following gear:**

- Coast Guard Approved PFD, appropriate size
- CE certified for water helmet
- Whistle
- Closed- Toe Shoes
  - o Sneakers
  - o Sailing Boots
- If JV or Varsity- A sailing watch that counts down
- Warm Fleece
- Light base layers (non- cotton), top and bottom
- If racing- a team pinnie (goes over life jacket to identify what team you are representing)
- A bailer
  - o This is used to scoop water out of the boat while sailing
  - o We recommend iced tea gallon jugs or laundry detergent containers.
    - § Just cut off the bottom of the jug (not the top where the cap is)
    - § Label your bailer as many of them will be the same – make it your own!
- A plastic reusable water bottle

**\*Drysuits are required if the water temperature is below 55 degrees F.**

**\*Drysuits also may be required at Coach's discretion at any given practice.**

\*Sailors will not be allowed on the water if they do not wear their dry suits when they are required. If the coach deems their gear is not suitable for the conditions, they have the option to keep a sailor on-shore or ride on a safety boat.

**We recommend that sailors also bring this gear, but it is not required:**

- Sunglasses (polarized)
- Baseball cap
- Warm wool hat
- Neck Warmer
- Warm Head Band
- Spray Jacket or Raincoat
- Spray Pants or Waterproof pants
- Sailing gloves
  - o For protection of hands or warmth in the cold months
  - o Gardening gloves work in the warmer months
    - Go to amazon.com and type in Atlas Showa Best 370 Garden 4 Color Pack of Garden Gloves (4 pairs of gloves)
- Electrical Tape (put in life jacket pocket)

Good Places to Buy Gear Local: Sailing Inc. and/or West Marine

Online: Amazon (for fleece headbands, hats, neck warmers, gloves, under layers, socks, watch), Gill (foul weather gear), Musto (foul weather gear), Vela Sailing Supply (clothing and various gear)

If you are unable to purchase or provide the proper gear for your young sailor, the Foundry may provide but is not required to provide gear upon prior request and approval. The Foundry has a limited amount of spare gear, and this gear is primarily used in situations where a sailor has forgotten to bring a certain piece of required gear or may need to borrow a piece of gear for certain conditions.