

# Foundry High School Sailing Rules

## **Coaching-**

The Foundry will provide the coaches for all High School practices and regattas. Our ratio of coaches to boats sailing is 1:8.

## **Attendance Policy-**

Practice is mandatory if you would like to be considered for competing in regattas. Exceptions can be made for job commitments, homework/study, and/or a school sponsored activity WITH prior notification to the coach by NOON the day of the missed practice through email, phone call or text message.

## **Disciplinary Policy-**

Coaches have the right to send sailors home if they are repeatedly being disrespectful during meetings, while on the water, or while on club/ away regatta venue's property. Sailors may also be sent home if they are representing the high school program/ their school/ The Foundry Sailing Program in a negative way.

## **3- Strike Policy-**

Strike 1: A sailor will be spoken to by a coach and asked to not repeat the offense.

Strike 2: A sailor will meet with the coaches and the Director to discuss the offense (depending on severity parents may be involved.)

Strike 3: Call home to parents, the disciplinary action could include suspension or expulsion from the Foundry High School Sailing Program. The incident will be brought to the attention of the Foundry Administrators who will ultimately decide on suspension or expulsion.

## **Foul Weather Policy-**

Coaches have the right to cancel, limit, or modify practices if weather is not favorable or creates dangerous or high-risk situations. Examples include but are not limited to heavy rain, cold temperatures, high wind speeds, thunder and lightning, or anything that makes driving conditions unsafe.

## **Cancellation Policy-**

The Foundry Sailing Staff aims to give parents notice by noon the day of via email and group text. When we can, we will try to give more notice.

## **Limited Practice Policy-**

These will occur on windy days. Coaches will select a smaller roster to participate in on the water practice. Those not on the roster will be asked to stay ashore for classroom instruction. The main reason we limit windy practices is for safety reasons and productivity concerns.

### **Early Dismissal Policy-**

On days where there is very light wind or no wind at all we may have a classroom session and then an earlier pick up time. If parents cannot make it to pick their child up that is fine, coaches will be at the sailing center or parking lot until 7:00 regardless. Like the cancellation policy, we will try to give you as much notice as possible for these practices. It may be that we decide at the beginning of practice and ask the students to advise their parents.

### **Drop off and Pick Up-**

Drop off and Pick up are to take place in the parking lot at the top of the causeway. Students are not to leave that area to meet a pickup. This is for safety reasons.

### **Students car pooling/driving-**

Students should park in the parking lot at the top of the causeway. There is no loitering before or after practice. Students must arrive and depart timely. In addition, students driving must follow all traffic signals and rules of the road on Metroparks property. That means no speeding in or out of the Whiskey Island/Wendy Park area.

Students will not be allowed to drive out to the Station unless dropping off a boat and with the approval of the Waterfront Manager, Sailing Director or Head Coach.

**Station-** Cleveland Metroparks limits the number of cars permitted at the Station. Only the Director of Sailing, Head Coach, Waterfront Manager and/or Foundry staff are permitted access to park at the Station. If an assistant coach or volunteer needs to drive out to the Station, they must clear the need with the Director of Sailing first.

### **Damage Policy-**

The Foundry provides equipment for all sailors to use during the practice times we provide. Accidents happen and we understand that, but with that being said our sailors need to take ownership over the borrowed equipment and must take care of it like it is their own.

In the case of severe damage, or loss of equipment, the Foundry Coaching staff will discuss the incident and ask the involved sailors to share their description of the situation. Using the Racing Rules of Sailing and facts found from all parties involved, we

will determine whether a sailor is found to be at fault or acted in a deliberately reckless or unsafe way. We will ask that sailor to either do some work around the Sailing Center, or that they write a check to have the damage repaired/ lost equipment replaced. The Foundry staff will assess the damage and the cost of the repair to determine the amount owed.